



OFS COOKING AT HOME

(with Francis)

Recipe

BROCOLLI NUGGETS WITH SALAD



For # people

6-8 servings



Cooking time

50 minutes

Ingredients:

BROCOLLI NUGGETS

- 2 cups cooked broccoli
- 1 small chopped onion
- 2 teaspoon of garlic
- 1 egg
- 1 cup grated cheese (mozzarella, feta cheese)
- 1 teaspoon of salt

SALAD

- 1 tomate (finely chopped)
- lettuce 2 cup (finely chopped)
- apple vineger 3 spoons
- salt - to taste

Directions:

BROCOLLI NUGGETS

- Bring the broccoli to a boil for 3 minutes. After the broccoli is ready to transfer these to a wide bowl and mashes the broccoli. add all ingredients and mix well then take a small portion to make a ball and crush it a little. fry until golden brown on both sides.
- Serve hot with the salad.

SALAD

- put the lettuce and tomato in a bowl. add the apple vinager and salt to taste. Then mix well.
- Serve with the hot brocolli nuggets.